

# ELEVATE

## SIT-TO-STAND DESK

INTERNATIONAL STUDIES HAVE FOUND BOTH HEALTH AND PRODUCTIVITY BENEFITS WHEN HEIGHT ADJUSTABLE WORK SURFACES ARE USED IN THE WORKSPACE.







## ELEVATE SIT-TO-STAND DESK

Electronically operated, Elevate desk frames provide a high quality CE marked product comprising of BOSCH electronics and other European components which meet various standards, specifications and tests, including the ROHS environmental framework.

630mm - 1300mm

MAX  
125kg

### BENEFITS OF HEIGHT ADJUSTABLE WORK SURFACES AND ALTERNATING BETWEEN SITTING AND STANDING AT WORK

- Significant decreases in the severity of musculoskeletal discomfort for most upper body regions
- Reduced spinal shrinkage is found in workers who stand for portions of the day
- Body part discomfort decreases an average of 62 percent and the occurrence of injuries and illnesses decrease by more than half
- Workers take shorter and fewer breaks and productivity is increased
- Employers are able to adapt desking to suit employees of various heights and body shapes. Those with back conditions and disabilities can be accommodated
- Fat burning enzymes shut down when we sit down

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